**NBYC JUNIOR SAILING PROGRAM 2020**

Welcome to **Junior Sailing 2020.** Our program begins on **Monday, July 6th,** concluding on **Thursday,** **August 20th.** It won’t be quite the same format as in past years, but we still look forward to a summer of wonderful weather, gentle breezes, and **FUN!**

This has been a difficult time for all of us, and now, thankfully, statewide restrictions seem to be lifting a bit. Nevertheless, the **NBYC Junior Sailing Program** is required to comply with national, state and local protocols to help in the mitigation of the spread of the Covid-19 virus. Our first priority is the health and safety of the sailors, instructors, yacht club members and staff, and their families residing at home. A number of precautions will be taken to ensure a successful and safe sailing season. (See **References** below)

We received a wonderful response to the **Jr. Sailing Survey** sent out by **Vice Commodore, Chris Eler** a few weeks ago. However, in accordance with the above referenced **Covid-19 Protocols,** there will be several changes to the **Jr. Sailing Program** this season**.**

The **2020 BBYRA season has been shortened and US Sailing Schedule of Regattas has been cancelled**. However, some junior sailing events may be rescheduled if restrictions are lifted regarding social situations. We will notify parents and jr. sailors once a new calendar is put in place!

We plan to continue our NBYC **Mid-Week Racing Series.** Races and competitions will be limited to each respective morning and afternoon class. There will be no lunch or social gatherings due to the ongoing pandemic situation.

**REGISTRATION**

**All junior sailors must be able to RIG, LAUNCH, and RECOVER their boat with NO ASSISTANCE from other sailors or the instructors. Instructors will be permitted to help in emergency situations, only.**

**If a junior sailor cannot meet the above criteria, he/she cannot be enrolled in the Program.**

**\*CLASS SIZE WILL BE LIMITED.**

NBYC owns a small number of Optimist Prams for use in the morning program. Each registered sailor will be assigned a **designated, yacht club-owned sailboat** for the session. That boat cannot be shared with another sailor in the *same class****.***

**First priority** will be given to those club member sailors who attended the NBYC junior sailing program for at least two weeks last season and can meet the above proficiency requirements. Sailors who can provide their own sailboat and meet the above proficiency requirements will have priority, as well.

**We will try to accommodate as many junior sailors as possible, but class size will be determined according to boat availability and the yacht club’s ability to maintain Covid-19 health/safety protocols.**

**Puddle Ducks** and **Beginning Opti Novice** are cancelled for this season.

**Opti Novice/Intermediate Clinic**: Monday-Thursday, 9 AM to 12 Noon

**\*Intermediate/Advanced Opti/Laser and Club 420’s**: Mon –Thurs.

1 PM to 4 PM

\*Note: Double-Handed Sailing (Club 420’s, Sunfish)

NBYC Junior Sailing will permit sailors to sail **double-handed** provided:

a. Junior sailors sail with a dedicated skipper & crew throughout the

entire session.

b. Each sailor’s Parent/Guardian signs a **Waiver** indicating the names of

skipper & crew.

c. Waivers may include 1-4 names -- this allows for odd numbers in a

group of sailors to participate who miss sailing class on a given day.

d. Should parents be unwilling to sign a waiver for their older age “double-

handed junior sailor, then that sailor will be encouraged to sail in

an Opti, or will be offered the opportunity to sail “single-handed” in a

Laser or Sunfish depending on boat availability.

\*We may be offering **Private Lessons** on **Fridays** to Beginning Sailors. Please sign up via the **Registration Website** if you are interested.

Coordination and communication between parents/guardians of each of the junior sailors and the instructors will be extremely important this season. A **Parent/Sailor/Instructor Meeting will be scheduled** the week before the start of Program, July 6th. This will be an informative meeting where the instructors will further explain this season’s curriculum and how NBYC will handle safe practices in regards to the Corona Virus. Parents will learn how to communicate with the instructors through the use of social media via the **TeamReach App.**

**INSTRUCTORS**

**Jackie Degeorgis** returns as our **Head Coach** again this season! He grew up sailing at Seaside Park Yacht Club. He’s the Past Commodore of the Providence College Sailing Team and now attends SUNY Maritime, studying to get a Masters degree in International Transportation Management. He is also working towards getting his US Coast Guard Deck License.

**Lily Magno** joins our team of instructors for the first time. She has been sailing for 18 years out of Lavallette Yacht Club, racing in Opti’s, Club 420’s, Laser 4.7’s, Laser Radials, E-Scows and M Scows. Lily sailed for the Garden State Optimist Team, Donovan Catholic High School’s Varsity Sailing Team, and the Laser Travel Team at Island Heights YC. Lily taught at Island Heights YC for the last five years and is excited to be joining us an instructor this summer! She is a graduate of Mount St. Mary’s University in Maryland with a degree in Political Science, and is currently pursuing her career in dance as a fulltime dance instructor in Waldwick, NJ.

**Ceci Muller,** an outstanding graduate of the NBYC Jr. Sailing Program has been sailing competitively for over 8 years. She has raced in Opti’s, Lasers, Club 420’s and Lightnings. Ceci won the NBYC Mac Sayers Award, a perpetual award for top Laser Sailor on Barnegat Bay in 2018 and has competed in State Championships in Club 420 and Lightning. We are thrilled to have Ceci coach our upcoming junior sailors this season and hopefully, for many more years to come!

All instructors are US Sailing Level 1, as well as holding First Aid, Red Cross/AED Certification, and the NJ Boating License.

**General COVID-19 Protocol**

Please read carefully! We will be operating with new Guidelines and Policies to keep everyone safe amid this pandemic.

**\* Sailors, parents or instructors will not be permitted to participate in the NBYC Jr. Sailing Program if they fail to comply with these protocols.**

1. **Daily Screening of Instructors and Sailors for Symptoms and History of Exposure. The temperatures of participating sailors are to be taken by a respective parent** before the start of class each morning. These temperatures will not be recorded. However, compliance will be indicated with a “checked box” on the student roster each day. *Instructors will be responsible for monitoring their own temperature and health state each morning.* Any person reporting positive symptoms will not be allowed back into Program and should contact his/her primary care provider or other appropriate health care professional. It is imperative that any person manifesting symptoms also inform the Head Jr. Sailing Instructor and NBYC Jr. Sailing Coordinator.
2. **Face coverings** are mandated during ALL land-based activities, including Arrival, Rigging and Departure for all sailors and instructors.
3. **Social distancing (6 feet)** must always be maintained on the yacht club beach, deck, parking lot and yacht club premises.
4. **Junior sailors must be able to rig/de-rig, launch and recover their own boat without hands-on assistance from other sailors or instructors.**
5. An instructor will be assigned to a small group of junior sailors for an entire session with the ratio set by State of NJ guidelines.
6. **Group meetings** and “chalk-talk” discussions will be conducted in small groups on land. Social distancing will be maintained at all times.
7. I**nstructors** may provide written plans to sailors and parents via **TeamReach** at the beginning of each week. **Zoom** meetings may be scheduled for groups to go over concepts on an “as needed” basis.
8. **Frequent sanitation of hands and high-touch areas.**

a. There will be multiple hand sanitizing stations on the NBYC premises, as well as portable hand washing stations (some children can be allergic to hand sanitizer.)

b. NBYC will provide proper sanitation equipment, CDC recommended cleaners and sanitizers for sailors and instructors.

c. NBYC clubhouse bathrooms will be available to instructors and sailors to wash hands throughout the day. They will be sanitized after each use.

1. **Boat cleaning will be conducted under instructor supervision.** Instructors will clean all hard surfaces after morning and afternoon classes. Only instructors are permitted to handle the hoses and cleaning equipment. Students will be asked to rig and derig the boats, leave boats on respective dollies and stow sails in sail bags.
2. **No sailors are allowed in the instructor powerboats (excluding**

**emergency situations.)**

1. **If a sailor is unable to, or does not desire to sail on a given day, they**

**are required to STAY HOME.**

1. **In the case of inclement/no wind weather, the onsite program may be CANCELLED.** We are working on social distancing protocols within the clubhouse using video and white boards for instruction, **all communication will be conducted via TeamReach.**
2. **Junior sailors will not be allowed to linger on Club grounds before or**

**after the end of program.**

1. **Instructor Training** Instructors will receive thorough training before program begins, with a focus on revised/updated first aid and rescue procedures, sanitization, and spacing/social distancing. In addition to coaching on the water, instructors will oversee the following areas during class: beach, deck, parking lot, and wash stations. Instructors will be given specific guidelines for enforcing these support duties.
2. Prior to leaving home, parents should make sure their child is feeling well

and does not have a fever, or any other COVID-19 symptoms. If they have

any of these symptoms, sailors must **STAY HOME**.

1. Before leaving home, it is suggested that sailors wash their hands

thoroughly to ensure they are sanitized when they arrive at the yacht club.

1. Parents, if dropping off their sailor, will be required to wear **face masks**

and maintain **6 feet social distancing.** Drop off and pick-up times will be

monitored to minimize contact and maintain social distancing.

1. Club restrooms will be open for sailors and staff only. Use will be by one

person at a time. Hallways leading to the bathrooms will be indicate one

way foot traffic with entry limited to front door and exit to the rear door.

**NBYC SAFETY POLICIES**

1. Multiple sanitizing and hand washing stations will be provided by NBYC.
2. Sanitation of club premises will occur between morning and afternoon classes.
3. Coaches and sailors MUST wear face coverings on land. Masks will be optional when on the water or/as per CDC guidelines.
4. NBYC will enforce social distancing. Sailors MUST keep six feet apart, when on the yacht club deck, beach or in parking lot. There cannot be any contact between boats during practice.
5. No sailors are allowed in coach boats. Sailors are expected to stay in their

own boats at all times. Sailors will be allowed to approach a

coach boat alongside but without making contact.

6. If a sailor is unable to, or does not desire to sail

their boat on a given day, they are required to STAY HOME.

1. Parents may drop off and pick up their children. **No parents are allowed at the club during practice times.**
2. Sailors are to come to class dressed in their sailing gear and leave the

dressed in their sailing gear. No gear bags are allowed on coach boats.

1. Sailors are expected to clean/sanitize personal masks, clothing and sailing

gear and bags at the end of each day. Sharing of personal clothing or gear is prohibited.

1. Sailors should rig/de-rig their own boats. Social distancing regulations

preclude sailors from helping one another.

1. **Sailors are not allowed in the Sailing Shed at any time.** Boats, sails

and spars will be located in designated areas on yacht club property.

11. Sailors are to keep their food and water in their boat. Please bring enough

water for the day. Water bottles are not to be shared.

12. Sailors may only touch their own dollies. They must launch their boat, tie

off and return dolly to their designated boat area. (No stacking of dollies)

13. If a Clinic needs to be cut short due to wind conditions or foul weather,

instructors/coaches will contact all parents via the **TeamReach** App

and notify parents for an earlier pick-up.

14. **Coaches do not touch a sailor’s boat** unless in case of emergencies.

15. Hoses are to be used only by coaches. They will wash/sanitize sailors’

boats on the dollies after they pull up to the beach.  
 16. If a parent or sailor doesn’t feel well, STAY AT HOME.  
 17. Sailors are encouraged to minimize the use of the restrooms in the yacht

club. Use your home bathroom before coming to practice.

18. There is no **Lost and Found** during this time. All gear left out at the end

of the day will be disposed of.

**REQUIREMENTS**

**Safety is the highest priority.** *Life jackets*, with an attached *whistle*, must be worn at all times during sailing instruction and while on yacht club powerboats. All boats must carry U. S. Coast Guard approved safety equipment.

***Sneakers or sailing shoes* must be worn at all times while on yacht club property,** as well as on sailboats during instruction. Open-toe shoes or sandals are not recommended. In addition, each student is expected to pack a water bottle, cloth face covering, personal hand sanitizer, towel and sailing gloves.   
  
Each child must pass a swim test before participating. The test is to be administered by the instructors the first day of class. New for 2020, each child must pass a basic sailing competency test to participate in group lessons.

Club sailboats are available for rent to participants registered within the NBYC Sailing Program.  However, students are encouraged to provide their own boat, as **availability of club boats may be limited.**  
All sailboats stored at NBYC must be registered with the club.  All boats must be placed on racks, dollies or trailers and securely tied down.  They must be stored in the southeast corner of the club property when not in use.

\* **NBYC is not responsible for damage to non-club owned boats.**

The Junior Sailing Program is not equipped to supervise students prior to class or once their class has finished. Children are to be picked up *promptly* as soon as their class is over, by their parent or designated substitute. **Instructors are not required to remain after class with a student who has not been picked up by their parent/guardian.**

**BBYRA requires all Club 420’s to carry a flotation device atop their mast for safety purposes. This device can be purchased at Colie Sails, Bridge Ave., Point Pleasant, N.J.**

**Laser and Club 420 sailors are required to attach a Gill Blade, or other similar cutting tool, to their life jackets. This is an important safety device and can be purchased at Colie Sails, Bridge Ave, Point Pleasant, N.J.**

**JR. SAILING CODE OF CONDUCT**

**Sportsman-like conduct is expected of students at all times, on and off the water.** Verbal or physical abuse on the part of one student to another or to the instructors, including inappropriate language, disruptive behavior, or disrespectful gestures will not be tolerated.  
  
**Disturbance** or **disruption** of a class by any student will not be tolerated. That student will not be permitted to participate in the rest of the class and/or may be sent home.  
  
**No smoking, alcohol or drugs.** Violation of this rule will be grounds for **immediate dismissal.**

I**mproper treatment of boats or equipment or failure to observe proper conduct and safety will be grounds for suspension or expulsion from the program.**  
Students are expected to arrive to class **on time**. If a student arrives too late to participate, he/she may be asked to return home.  
  
It is each student’s responsibility to un-rig his/her boat and put away all spars and equipment before leaving class. **No student will be permitted to leave class until this has been done to the satisfaction of the sailing instructors.**Water hoses are for washing down boats and equipment or for extreme temperature cool-off, **ONLY.**  Hoses should be re-coiled when not in use.  
  
**IMPORTANT:** **No sailor in the program may use a privately owned boat, sail, spars, rigging, etc. without the owner’s permission. No sailor may use a yacht club boat, sail, spars, rigging, etc., other than the one rented, without the permission of the Head Instructor or Jr. Sailing Coordinator.**

**\*Failure to comply with these rules will be grounds for suspension or expulsion from the program.**

Privately owned boats stored at NBYC must be registered with the club. All boats must be placed on racks or trailers, securely tied down, and stored in the southeast corner of the club property. \* **NBYC is not responsible for damage to non-club owned boats.**

Swimming is allowed **only** while supervised.

**\*References**

**CDC** - Youth Programs and Camps During the COVID-19 Pandemic

**US Sailing** - Guidance for Junior Sailing Programs During the COVID-19 Pandemic

**US Sailing** - Return to Competition Planning

**Web:** The Governor of New Jersey executive orders for reopening the state and mitigating additional cases of COVID-19

The **BBYRA** executive board suggestions and recommendations

The **BBYRA** member clubs sailing coordinators suggestions/recommendations.

**Gowrie Risk Report:** COVID-19 Risk Management & Best Practices for Sailing Organizations